

Paterson Post

Preparing All Children for College and Career.

Together We Can!

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Shattering Drug and Alcohol Myths at Eastside

Eastside Campus students are shattering the myths about drugs and alcohol as they celebrate *National Drug and Alcohol Facts Week*. During the week of January 22nd, Student Assistance Coordinators, Dr. Stephanie Roberts and Mrs. Kristen Soos, are making sure students have the real facts about drugs and alcohol. Each morning they get a science-based drug fact of the day about alcohol, marijuana, opioids, and over the counter medicines. The students also receive informational materials and resources designed to prevent drug and alcohol abuse. Ninth grade students are also testing their drug and alcohol knowledge by taking the *National Drug & Alcohol IQ Challenge* available through the National Institute on Drug Abuse.

Waste Not Want Not in our Cafeterias



The district Food Services Department has been making great strides improving and streamlining operations and services in our schools. Along with the thousands of meals, snacks and beverages prepared and delivered to our students comes a nearly unavoidable quantity of food waste. Director of Food Services, David Buchholtz and his dedicated staff have embraced a protocol originating at the Rutgers Cooperative Extension to address Paterson's food waste. The "Smarter Lunchroom Initiative" has come to our cafeterias with help from Ms. Sara Elnakib, Family and Community Health Sciences

Educator at the Rutgers Cooperative Extension of Passaic County. Via this innovative process, Food Services has reduced the district's food waste by over 97,000 pounds (roughly 2,160 pounds per school) during the 2016/2017 school year! That is a lot of food, which of course translates to a lot of savings for the district. Learn more about Paterson's efforts to address food waste in [this informative article in the Cooperative Extension newsletter](#) (Paterson featured halfway down).

"I can't understand why people are frightened of new ideas. I'm frightened of the old ones."

— John Cage, Composer

Effective Academic Programs • Creating & Maintaining Healthy School Cultures
Family & Community Engagement • Efficient & Responsive Operations

Paterson Post is a publication of the [Department of Communications](#).
We welcome your submissions on school and district related events. [Click here](#) to submit stories and photos.