

Paterson Post

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Developing Good Habits at YMLA



Ms. Ayoka Clifford, guidance counselor, and Mr. Brandon Eldrige, physical education teacher, collaborated in developing a series of health and wellness lessons for the scholars at Young Men's Leadership Academy (YMLA). Ms. Clifford and Mr. Eldrige know the importance and benefits of students learning about health and wellness protocols to student performance outcomes. Learning how to take care of one's self mentally, physically, and emotionally, all have major influence on attendance, behavior, and academic performance.

The YMLA health and wellness series kicked off with a class entitled, *The Importance of Hand-washing*. Students watched a video about the proper way to wash hands, followed by a group discussion that concluded with students conducting a live demonstration of what they had just learned. Ms. Clifford and Mr. Eldridge will monitor the students throughout the year to see how well they are applying the health and wellness tips they have learned and the impact it is having on attendance, behavior, and academic performance.

STEM Expo Results

As promised in the December 21 issue of the *Paterson Post*, the complete results of the recent STEM Expo at William Paterson University are now available. [Click here for a chart](#) listing all winners and awards. You may also [click here for a short collection of video clips](#) from that event.

BTMF DECA Team does it Again!

Once again, JFK School of Business, Technology, Marketing and Finance (BTMF) *Westside Cafe* students have won in their categorical sections (Customer Service, Management and Salesmanship) at the regional Distributive Education Clubs of America (DECA) competition. Sebastian Rojas, who won 3rd place last year, has won 1st place this year, while Jeffrey Dominguez, last year's 1st place winner, has won 2nd! The team will once again head back to Atlantic City, February 27 through March 1, to compete on the state level. Just as last year, the regional competition was on the campus of Ramapo College.



Each year, State Assemblyman Benjie Wimberly, a friend and a graduate of School 13, has donated toys for distribution to families at the school. This year his toys were set up and distributed in the school's Parent Center, and fifty-one children received a gift.

Budget Discussion Continues

There will be a special meeting of the Board of Education, which will include discussion of the 2018-2019 School Budget, at the District Offices, 90 Delaware Avenue, on Wednesday, January 17, beginning at 6 p.m. As always, your input is both welcome and necessary as the district develops the next budget. There will be opportunity for you to speak and provide your opinions and insight to the Superintendent, Board Commissioners and School Business Administrator.

“If you think in terms of a year, plant a seed. If in terms of 10 years, plant trees. If in terms of 100 years, teach the people.” — Confucius

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